

Community Health Improvement Plan

Priorities, Goals & Strategies

Obesity/Chronic Disease

By December 2026 Saginaw County will redefine what a healthy body status is and improve measures by 20%.

- 1 Define healthy body status and collect data
- 2 Develop and implement county wide awareness messaging with a focus on health literacy
- 3 Improve the implementation of nutrition standards in schools
- 4 Develop toolkit for healthcare providers to use with patients
- 5 Expand ongoing efforts to improve food access and affordability

Mental/Substance Use

By December 2026, develop an integrated continuum of care for Saginaw County. By December 2026, reduce fatal and non-fatal overdoses in Saginaw County by 50%.

- 6 Improve access for mental health services in all Saginaw county schools (early screening, clear path to services available and enough provider capacity building county wide)
- 7 Develop a new model of multi-agency collaboration to improve access and serve as a point of entry for mental health services
- 8 Build/Expand mental health navigators
- 9 Develop a comprehensive county wide response to reduce overdoses in Saginaw County, including prevention, harm reduction, treatment, and recovery

Maternal/Child Health

By December 2026, reduce infant mortality rates in the City of Saginaw by 50%.

- 10 Execute healthcare personnel training addressing implicit bias, health literacy, workforce culture, culturally appropriate messaging to drive more equitable care
- 11 Find and reach the unreachable to get women of childbearing age into primary care and engaged in other services to improve health prior to and between pregnancies
- 12 Expand and promote Doula programs within Saginaw County