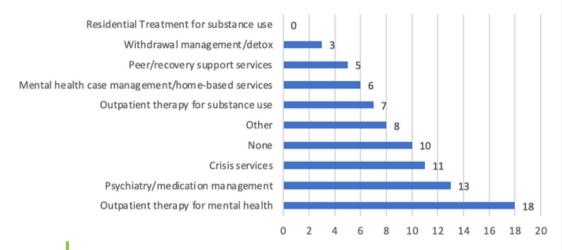
MENTAL HEALTH PROVIDERS

DATA-AT-A-GLANCE

Data Source: TBD Solutions Provider Survey, 2022

What types of behavioral health services do you provide?



This graph represents the types of behavioral health services that are provided at various locations in Saginaw County. This survey was taken by 43 individuals. The graph displays a need for residential treatment, withdrawal management/detox, and peer/recovery support, case management/home-based, and outpatient therapy for substance abuse services.

Behavioral health

"refers to mental health and substance abuse disorders, life stressors and crises, and stress-related physical symptoms.

Behavioral health

care refers to the prevention, diagnosis and treatment of those conditions."

- American Medical Association, 2022

TYPES OF ACCEPTED INSURANCE

Providers in Saginaw

95.3% reported accepting Medicaid.

88.4% reported accepting Commercial Insurance.

88.4% reported accepting Self-Pay.

MENTAL HEALTH **PROVIDERS**

DATA-AT-A-GLANCE

OTHER STATISTICS

Providers in Saginaw

Does your site currently have a wait list to see a therapist/counselor/physician?

YES NO **NOT SURE** 30.2% 44.2% 25.6%

Does your site offer appointments at non-traditional hours (i.e., nights, weekends)?

YES NO 39.5% 60.5%

Do you provide accommodations for individuals whose preferred language is not English?

YES NO 79.1% 20.9%

Data Source: TBD Solutions Provider Survey, 2022

TOP 5 REASONS PROVIDERS WERE **DETERRED FROM REFERRING A PATIENT**

- **70%** Patient refused the referral.
- 58% Mental health or substance use provider is unavailable or seems busy.
- **51%** Mental health or substance use provider does not accept patient's insurance.
- 33% The referral process is unclear/difficult to navigate.
- 33% Uncertain about cost of/coverage for mental health or substance use treatment visit.

Data Source: TBD Solutions Provider Survey, 2022

Providers in Saginaw

- provider reported a wait time of one week.
- providers reported a wait 4 time of 2-4 weeks.
- providers reported a wait time of 1-3 months or longer.

22%

of adults reported they have been told by a **doctor** they had a depressive disorder, including depression, major or minor depression, or dysthymia.

18%

of adults reported 14 or more days, out of the previous 30, where their mental health was not good.